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**IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF ARIZONA**

Spinedex Physical Therapy USA
Incorporated, et al.,

Plaintiffs,

v.

United Healthcare of Arizona Incorporated,
et al.,

Defendants.

No. CV-08-00457-PHX-ROS
ORDER

Despite the parties’ voluminous briefing, the questions presented in the pending motion for summary judgment are straightforward. Those questions are: 1) Does Plaintiff Claude Aragon have standing to pursue his breach of fiduciary duty claim or his prohibited transaction claim? 2) Which statute of limitations applies to Plaintiff Spinedex’s claims for benefits? and 3) Are the anti-assignment clauses in five plans enforceable? As set forth below, Aragon has standing, a one-year limitations period applies, and the anti-assignment clauses are enforceable.

I. Aragon Has Standing Regarding His Claims for Fiduciary Breach and Prohibited Transactions

Throughout the history of this case, the parties and the Court have been uncertain about the nature of Aragon’s claims for breach of fiduciary duty and conducting a prohibited transaction. The confusion began with the complaint, continued with the first motion to dismiss, and was not resolved by the order denying the motion to dismiss.

1 Subsequent developments, including the Ninth Circuit’s opinion, did not eliminate the
2 confusion. To understand the present dispute, a brief history of these claims is necessary.

3 As alleged in the Second Amended Complaint, Aragon is “a participant and/or
4 beneficiary of the [IBM] group health plan.” (Doc. 38 at 7). Defendant United
5 Healthcare of Arizona, Inc. (“United”) is responsible for “benefit determinations and
6 process[ing] claims submitted under the [IBM plan].” (Doc. 38 at 9). Prior to filing suit,
7 Aragon received physical therapy treatment from Spinedex and he assigned his claims for
8 benefits under the IBM plan to Spinedex. After Aragon received treatment, Spinedex
9 submitted claims to United as Aragon’s assignee. (Doc. 38 at 22). Because the Second
10 Amended Complaint originally involved claims for many individuals treated by
11 Spinedex, the allegations regarding submissions to United were general and did not
12 address the handling of Aragon’s claims in particular. But construing the general
13 allegations as applying to Aragon, United “failed to pay” the claims submitted by
14 Spinedex for treatment provided to Aragon. (Doc. 38 at 22).

15 In connection with its general allegations regarding the payment of claims, the
16 Second Amended Complaint also made vague allegations regarding how United handled
17 claims. Thus, United allegedly issued explanations of benefits that did not properly
18 explain why it was refusing to pay for the treatments provided by Spinedex, failed to
19 timely process claims, and failed to review all information submitted by Spinedex. (Doc.
20 38 at 23-24). United denied some claims entirely and for others United only paid a
21 partial amount allegedly based on “the usual, customary, and reasonable, or ‘allowable’
22 (collectively ‘UCR’) charges for covered services.” (Doc. 38 at 26). The UCR charges
23 were alleged to have been calculated by using the “Ingenix Database.” That database,
24 operated by United subsidiary Ingenix, Inc., was “flawed” and “inappropriate for use in
25 calculating the UCR rates for Physical Therapy.” The flaws allegedly led United to pay
26 physical therapy providers less than “the actual UCR rates for [physical therapy] in the
27 localities where” those therapy providers were located. (Doc. 38 at 27). There were no
28 allegations identifying which, if any, of these practices applied to the handling of

1 Aragon's claims.

2 Based on the way United handled claims, Aragon and other plaintiffs asserted
3 claims against United for breach of fiduciary duty and for engaging in prohibited
4 transactions.¹ The claim for breach of fiduciary duty was based on: 1) United's repeated
5 failure to comply with the regulations regarding processing and consideration of claims;
6 2) United's failure to preserve administrative records; 3) United's inappropriate reliance
7 on a policy requiring denial of claims involving vertebral axial decompression ("VAX-D
8 treatments"); 4) United's practice of issuing pretextual denials of claims and delaying
9 payment of valid claims; and 5) United's decision to select Ingenix to make UCR
10 determinations. (Doc. 38 at 40-41) (Doc. 726 at 11). United allegedly pursued these
11 actions "to increase unlawfully [United's] profits at the expense of [Aragon and others]"
12 in violation of United's fiduciary duties. (Doc. 38 at 42).

13 The claim for "prohibited transaction and self-dealing violations" was based on
14 United "delaying payments for covered benefits." The delays allegedly allowed United
15 to "retain[] the use of funds that were payable . . . for covered health services." (Doc. 38
16 at 43). In other words, United conducted a prohibited transaction by retaining funds that
17 should have been paid to healthcare providers. The prohibited transaction claim was also
18 based on United's decision to select "Ingenix to provide the Ingenix Database." That
19 selection allegedly increased United's "profits at the expense of [Aragon and others]." (Doc. 38 at 43).

21 In describing the relief sought on the fiduciary breach and prohibited transaction
22 claims, the Second Amended Complaint focused on monetary damages in the form of
23 "disgorgement of all profits and ill-gotten gains realized by" United as a result of its
24 practices. But the Second Amended Complaint also sought declaratory and injunctive
25 relief. In particular, it sought a declaration "that the Ingenix Database is flawed," the

26
27 ¹ Because the Second Amended Complaint originally had multiple plaintiffs
28 bringing these claims, it is impossible to determine the precise factual basis on which
Aragon was basing his claims versus the factual basis on which the other plaintiffs were
basing their claims.

1 UCR rates United used were “improper,” and that United had “improperly failed to pay
2 claims.” And it sought injunctive relief to “[e]njoin [United] from any further violations
3 of ERISA” and to “[e]njoin [United] from serving in any fiduciary capacity . . . to any
4 and all . . . ERISA welfare benefit plans.” (Doc. 38 at 48). United moved to dismiss both
5 the breach of fiduciary duty and prohibited transaction claims.

6 Most of the arguments presented in the motion to dismiss briefing are not relevant
7 here but the parties’ primary focus in that briefing was the viability of the claims for
8 breach of fiduciary duty and prohibited transaction as claims seeking monetary relief.
9 However, the opposition to the motion to dismiss pointed out the claim for breach of
10 fiduciary duty was not only seeking monetary relief. Instead, that claim also sought
11 “injunctive relief relating to” the prevention of future “systematic violations” of the
12 claims processing regulation. (Doc. 112 at 30). The opposition also argued the claim for
13 breach of fiduciary duty sought “equitable relief” such as “the removal of the fiduciary.”

14 On April 29, 2009, the Court resolved the motion to dismiss and allowed the
15 claims for breach of fiduciary duty and prohibited transaction to proceed. In allowing the
16 breach of fiduciary duty claim to proceed, the Court noted the plaintiffs had requested
17 “injunctive relief to prevent [United and affiliated companies] from serving as Plan
18 administrators and fiduciaries.” (Doc. 132 at 22). As for the prohibited transaction
19 claim, the Court expressed some doubt whether Aragon had a viable legal theory because
20 if the underlying plans were self-funded, the alleged prohibited transaction would not
21 have resulted in United reaping any monetary benefit. The Court decided, however, to let
22 the prohibited transaction claim proceed beyond the motion to dismiss stage.

23 After a limited amount of discovery, United sought summary judgment on both of
24 these claims. As relevant to Aragon, the claims were dismissed based on his failure to
25 exhaust administrative remedies. (Doc. 568 at 7). Aragon appealed that decision and the
26 Ninth Circuit reversed.

27 As best as the Court can tell, the Ninth Circuit grouped Aragon’s fiduciary breach
28 and prohibited transaction claims as a single “claim[] for breach of fiduciary duty.”

1 *Spinedex Physical Therapy USA Inc. v. United Healthcare of Arizona, Inc.*, 770 F.3d
2 1282, 1294 (9th Cir. 2014). According to the Ninth Circuit, a claim for breach of
3 fiduciary duty must be administratively exhausted when it is a disguised benefits claim.
4 Aragon’s claim, however, was not a disguised benefits claim because he was not seeking
5 payment of benefits. Instead, he was seeking “injunctive relief that clearly will benefit
6 the Plans.” *Id.* Thus, Aragon was not required to exhaust his administrative remedies.
7 After reaching this conclusion, the Ninth Circuit went on to make a puzzling observation.

8 After holding Aragon was not required to administratively exhaust his claim for
9 breach of fiduciary duty, the Ninth Circuit noted it was unclear whether Aragon had
10 Article III standing to pursue this claim. The Ninth Circuit’s reasoning, consisting of a
11 single paragraph, indicated Aragon’s decision to assign to Spinedex his underlying claim
12 for benefits might impact his standing. The relevant paragraph provided:

13 The district court did not consider whether, in the case’s current procedural
14 posture, Aragon has Article III standing. That is, it did not consider
15 whether Aragon would have standing to bring a claim for breach of
16 fiduciary duty if he cannot pursue his claim for denial of benefits because
17 he has assigned it to Spinedex. *Cf. Glanton ex rel. ALCOA Prescription*
18 *Drug Plan v. AdvancePCS Inc.*, 465 F.3d 1123, 1125 (9th Cir.2006)
19 (“There is no redressability, and thus no standing, where (as is the case
20 here) any prospective benefits depend on an independent actor who retains
21 ‘broad and legitimate discretion the courts cannot presume either to control
22 or to predict.’ ” (quoting *ASARCO, Inc. v. Kadish*, 490 U.S. 605, 615, 109
23 S.Ct. 2037, 104 L.Ed.2d 696 (1989))). We therefore remand Aragon’s case
24 to the district court to consider that question in the first instance.

21 *Id.* Unfortunately, the Ninth Circuit did not explain why it believed Aragon’s assignment
22 of his claim for benefits might impact his standing to pursue a fiduciary breach claim.
23 Having just noted Aragon was seeking injunctive relief to benefit the plan, the fact that he
24 might not be entitled to recover benefits seemed irrelevant.

25 After remand, the parties engaged in additional discovery and eventually United
26 filed the now-pending motion for summary judgment. That motion argues Aragon “lacks
27 Article III standing to pursue” the fiduciary breach and prohibited transaction claims
28 (“statutory claims”). (Doc. 634 at 10). United assumes Aragon’s statutory claims are

1 aimed solely at monetary relief and it presents standing arguments regarding such relief.
2 Aragon's opposition begins by conceding he is no longer seeking any form of monetary
3 relief. Instead, Aragon argues he has standing to seek declaratory and injunctive relief in
4 the form of requiring changes to United's claims-handling practices as well as its
5 selection of Ingenix to provide UCR rates. (Doc. 726 at 11-12).

6 In its reply, United argues that Aragon's concession of any claim for monetary
7 damages dooms the statutory claims. According to United, the Court's 2009 Order
8 resolving the motion to dismiss construed the statutory claims as seeking monetary relief
9 and only allowed them to proceed because of the request for such damages. In other
10 words, the Court's 2009 Order held that, should it turn out that Aragon was not entitled to
11 monetary relief, his claims would fail.

12 United is correct that the statutory claims started out as focused on monetary
13 relief. But Aragon has, from the beginning, included requests for declaratory and
14 injunctive relief. And the Court's 2009 Order noted Aragon was seeking injunctive relief
15 "to prevent [United] from serving as Plan administrators and fiduciaries." (Doc. 132 at
16 22). At oral argument, United insisted the 2009 Order must be read as allowing the
17 statutory claims to proceed only because they were seeking monetary relief. But the
18 2009 Order did not say that. The focus of the briefing and ruling in 2009 was the
19 monetary relief aspect of the statutory claims but there was never an intention to limit the
20 statutory claims to such relief. Accordingly, Aragon's abandonment of any request for
21 monetary relief does not require his statutory claims be dismissed. Accepting that
22 Aragon has always requested more than monetary relief, the only remaining question is
23 whether he has constitutional standing to seek such relief.

24 To have standing under the usual framework, Aragon would have to show he has
25 suffered, or is about to suffer, an injury in fact, the injury (or imminent injury) is "fairly
26 traceable to the challenged conduct of [United]," and the injury (or imminent injury) is
27 redressable "by a favorable judicial decision." *Spokeo, Inc. v. Robins*, 136 S. Ct. 1540,
28 1547 (2016). United attacks the first element and argues Aragon was not subject to the

1 harms he has identified in the past and there is no sufficient indication he will be
2 subjected to such harms in the future. That argument, however, overlooks the unique
3 standing rule for breach of fiduciary duty claims under ERISA.

4 In *Shaver v. Operating Engineers Local 428 Pension Trust Fund*, the plaintiffs
5 asserted an ERISA claim for breach of fiduciary duty based on the fiduciaries of a
6 pension plan failing to “keep adequate records” as required by ERISA. 332 F.3d 1198,
7 1202 (9th Cir. 2003). Based on that failure, the plaintiffs sought “injunctive relief in the
8 form of either an order requiring that the [fiduciaries] keep more thorough records in the
9 future or that the [fiduciaries] be removed.” *Id.* The district court dismissed this claim
10 because the plaintiffs had not alleged they suffered “any loss” as a result of the
11 inadequate recordkeeping. *Id.* at 1203. The Ninth Circuit reversed, concluding “[t]he
12 question of whether a fiduciary violated his fiduciary duty is independent from the
13 question of loss.” *Id.* Because the plaintiffs were seeking “purely equitable relief, either
14 to enjoin future misconduct, or to have the [fiduciaries] removed,” there was no
15 requirement the plaintiffs establish an actual loss. In the Ninth Circuit’s view, imposing a
16 loss requirement is ill-suited to the ERISA context: “Requiring a showing of loss . . .
17 would be to say that the fiduciaries are free to ignore their duties so long as they do no
18 tangible harm, and that the beneficiaries are powerless to rein in the fiduciaries’
19 imprudent behavior until some actual damage has been done. This result is not supported
20 by the language of ERISA, the common law, or common sense.” *Id.*

21 The Ninth Circuit has not overruled *Shaver* and district courts have concluded its
22 approach still dictates the proper standing analysis for breach of fiduciary duty claims
23 under ERISA.² As described by one district court, “when plan participants seek

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25 ² The closest the Ninth Circuit has come to overruling *Shaver* was in 2006. In
26 *Glanton ex rel. ALCOA Prescription Drug Plan v. AdvancePCS Inc.*, the plaintiffs were
27 suing their ERISA plans’ fiduciaries for breaching their duties and causing monetary
28 losses to their plans. 465 F.3d 1123, 1124 (9th Cir. 2006). The Ninth Circuit concluded
the plaintiffs lacked standing because there was “no redressability” given that any
monetary damages would be given to the plans and the plaintiffs themselves would not
necessarily reap any benefit from those damages. *Id.* at 1125. The best interpretation of
this decision, however, is that it was addressing only monetary damages, not equitable
relief. *Glanton* does not cite *Shaver* nor does it provide any indication why *Shaver* would

1 injunctive relief for violations of ERISA’s disclosure or fiduciary requirements, they can
2 demonstrate Article III standing by showing a violation of ERISA and need not prove
3 actual injury.” *Wells v. California Physicians’ Serv.*, No. C05-01229 CRB, 2007 WL
4 926490, at *3 (N.D. Cal. Mar. 26, 2007). Thus, in the Ninth Circuit, a plan participant
5 alleging a claim for breach of fiduciary duty need not prove he suffered a “loss.” If the
6 plan participant can prove the fiduciary is not abiding by all of its obligations under
7 ERISA, the plan participant can pursue declaratory or injunctive relief.

8 Applying the approach of *Shaver* to the present dispute makes short work of
9 United’s standing argument. Aragon’s statutory claims are seeking “purely equitable
10 relief,” and he has evidence that United violated its fiduciary duties in a variety of ways.
11 Those violations harmed the IBM Plan in that, assuming they occurred, they were failures
12 to abide by the requirements of ERISA. (Doc. 755 at 389-395) (examples of United’s
13 failures involving IBM Plan). The fact that Aragon, personally, did not suffer a loss as a
14 result of those failures does not prevent him from pursuing his statutory claims. In the
15 language of standing, United’s breaches of fiduciary duty are a sufficient “injury in fact”
16 even though Aragon did not suffer a more particularized “loss.” See *Perelman v.*
17 *Perelman*, 793 F.3d 368, 373 (3d Cir. 2015) (“With respect to claims for injunctive relief,
18 [injury-in-fact] may exist simply by virtue of the defendant’s violation of an ERISA
19 statutory duty, such as failure to comply with disclosure requirements.”).

20 With the “injury in fact” requirement met, the other two standing requirements are
21 satisfied quite easily. The “injury in fact” is traceable to United’s conduct in that it is
22 undisputed that United is the fiduciary responsible for the actions Aragon has identified
23 as contrary to ERISA. And a decision in Aragon’s favor would redress the relevant
24 injury, either by preventing continued breaches or by removal of United as the fiduciary

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27 no longer be binding. Thus, “*Glanton* refers only to claims of monetary loss, and does
28 not broaden or overrule the pre-existing case law,” such as *Shaver*. *Wells v. California*
Physicians’ Serv., No. C05-01229 CRB, 2007 WL 926490, at *5 (N.D. Cal. Mar. 26,
2007).

1 of the IBM plan. Therefore, Aragon has standing to pursue his statutory claims.³

2 **II. Arizona's One-Year Statute of Limitations Applies**

3 United believes a one-year statute of limitations applies to Spinedex's claims for
4 benefits while Spinedex believes a six-year statute of limitations applies. In 2013, the
5 Court determined Arizona's one-year limitations period should apply to claims for
6 ERISA benefits. Spinedex has not offered a convincing basis to depart from that
7 decision.

8 As set forth in *Blood Systems, Inc. v. Roesler*, 972 F. Supp. 2d 1150, 1154 (D.
9 Ariz. 2013), an ERISA claim for benefits requires borrowing "the most analogous state
10 statute of limitations." When more than one limitations period might apply, the task is
11 not to determine which period is the "perfect fit," but which period is the "closest fit." *Id.*
12 In Arizona, this requires choosing between the one-year limitations period applicable to
13 causes of action based on "employment contracts" and the general six-year limitations
14 period applicable to causes of action based on written contracts. In *Blood Systems*, the
15 Court looked to Arizona's interpretation of the one-year limitations period and concluded
16 that period was the closest fit for purposes of an ERISA claim for benefits. Spinedex
17 offers a variety of arguments against that conclusion but none of those arguments are
18 convincing.

19 Spinedex's most straightforward argument is that *Blood Systems* is wrong because
20 "Ninth Circuit authority mandates" application of Arizona's six-year statute of
21 limitations. (Doc. 726 at 27-28). This assertion is based on *McElwaine v. US West, Inc.*,
22 a 1999 decision by the Ninth Circuit. 176 F.3d 1167 (9th Cir. 1999). In that decision, the
23 plaintiff believed her pension benefit had been miscalculated and she filed suit asserting

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25 ³ This analysis applies to both statutory claims. *Cf. Innis v. Bankers Tr. Co. of S.*
26 *Dakota*, No. 416CV00650RGESBJ, 2017 WL 4876240, at *6 (S.D. Iowa Oct. 13, 2017)
27 (recognizing a plaintiff can pursue "injunctive or equitable relief" to prevent future
28 prohibited transactions). It is undisputed United entered into an agreement of some sort
with Ingenix. Aragon describes that agreement as qualifying as a transaction prohibited
by 29 U.S.C. § 1106. At present, the Court does not have sufficient briefing from the
parties to determine whether the relevant transaction qualifies as one prohibited by
ERISA. Thus, Aragon is entitled to pursue his prohibited transaction claim as well.

1 an ERISA claim for benefits on April 4, 1996. *Id.* at 1170. Summary judgment was later
2 granted against the plaintiff because, while her suit was pending, her employer
3 recalculated and paid her the pension benefit she was seeking. The sole issue on appeal
4 was whether the plaintiff was entitled to an award of attorneys' fees given that she had
5 not prevailed in her lawsuit. In describing the background facts relevant to that inquiry,
6 the Ninth Circuit noted the statute of limitations for the plaintiff's claim expired in May
7 1996. *Id.* The panel explained its calculation of the limitations period in a footnote,
8 stating "[t]he statute of limitations for an ERISA benefits action is based on the
9 applicable statute of limitations for a contract claim in the forum state. Arizona, the
10 forum state, has a six year statute of limitations." *Id.* at 1170 n.4. According to
11 Spinedex, that description of the applicable statute of limitations must be applied in this
12 case. Spinedex's analysis, however, does not take into account the changes to Arizona
13 law around the time *McElwaine* was decided.

14 The complaint in *McElwaine* was filed on April 4, 1996. As of that date, Arizona
15 did not have a one-year limitations period that might apply. The one-year limitations
16 period regarding employment contracts did not go into effect until sometime after April
17 9, 1996.⁴ Thus, at the time the plaintiff in *McElwaine* filed suit, application of the one-
18 year limitations period was not even theoretically possible. Spinedex's claim that
19 *McElwaine* is binding on this Court is incorrect.

20 Spinedex's next attack on *Blood Systems* is to point to a very small subset of
21 ERISA plans that do not involve a true employment relationship. According to Spinedex,
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23 ⁴ Determining the effective date of a statute under Arizona law can be
24 complicated. In general, "no act passed by the legislature shall be operative for ninety
25 days after the close of the session of the legislature enacting such measure." Ariz. Const.
26 art. IV, Pt. 1 § 1. The act containing the one-year limitations period was approved by the
27 Arizona Governor on April 9, 1996, meaning it would have gone into effect 90 days after
28 the 1996 legislative session expired. The parties have not identified when the 1996
legislative session ended but the law could not have taken effect before governor
approval. In addition, there is no dispute that changes in a state statute of limitations may
impact the limitations period for federal claims, even when prior federal decisions have
borrowed the earlier statute. *See, e.g., Jones v. Blanas*, 393 F.3d 918, 927 (9th Cir. 2004)
(noting federal courts "clearly" would apply new California limitations period in future
suits).

1 “[a]pprenticeship and other training programs” may operate ERISA plans and
2 participants under those plans will not qualify as “employees.” (Doc. 726 at 28). Thus,
3 Spinedex believes it is inappropriate to analogize an ERISA claim for benefits to a
4 dispute arising out of an employment contract. This argument loses sight of the general
5 rule regarding borrowing a state limitations period. When borrowing a limitations period,
6 a court’s task is to choose the most analogous limitations period. The fact that a
7 particular limitations period is not a perfect fit is not dispositive. There is no dispute that
8 ERISA, in general, is aimed at relationships involving employment. For example,
9 ERISA states it is meant to apply to benefits provided by “*employee* welfare benefit
10 plan[s].” 29 U.S.C. § 1002(1) (emphasis added). And ERISA itself is the *Employee*
11 Retirement Income Security Act. While a tiny minority of individuals able to make
12 ERISA-based claims might not qualify as “employees” in a technical sense, that does not
13 make it improper to borrow a statute addressed to “employment contracts” to resolve the
14 vast majority of claims arising from ERISA plans.

15 Spinedex next argues ERISA claims for benefits do not involve “employment
16 contracts” based on language in some of the benefits plans explicitly disavowing any
17 intent to create employment contracts. In context, however, that language was not aimed
18 at defining the relevant statute of limitations for application in future disputes. Instead,
19 the language was meant to ensure participants did not believe their participation in the
20 plans altered the general at-will presumption regarding their employment. The language
21 was not meant to imply disputes about the provision of benefits would not qualify as
22 disputes involving “employment contracts” under Arizona’s special limitations period for
23 such disputes.

24 Moreover, Spinedex’s insistence that the relationship between participants and the
25 plans are not “employment contracts” comes close to arguing the relationship between
26 participant and their plans is not contractual at all. But Spinedex concedes the
27 relationship is contractual in nature by arguing the statute of limitations for written
28 contracts should apply. Thus, there is no question a contract is at issue. The only

1 question is whether that is closer to an “employment contract” or some other unidentified
2 written contract. Because the provision of benefits arises directly out of the employment
3 relationship, disputes involving benefits are closer to disputes involving “employment
4 contracts” than disputes involving generic written contracts.

5 Spinedex next claims application of the one-year limitations period would be
6 inconsistent with federal policy. In support of this, Spinedex cites a statement by the
7 Ninth Circuit that “[w]hen choosing between multiple potentially-applicable statutes, as a
8 matter of federal policy the longer statute of limitations should apply.” *Wise v. Verizon*
9 *Comm’ns, Inc.*, 600 F.3d 1180, 1187 (9th Cir. 2010). The Ninth Circuit did not explain
10 how this policy-driven inquiry should take place. At first blush, if the most analogous
11 limitations period is one-year, but a longer less analogous limitations period exists, the
12 Ninth Circuit’s statement would seem to require application of the less analogous period.
13 That approach, however, would be counter to the basic requirement of choosing the most
14 analogous period. The Ninth Circuit’s statement regarding federal policy, therefore,
15 might be meant as a tie-breaking device when multiple statutes are equally analogous.
16 Here, the one-year limitations period is more analogous to a claim for benefits and
17 federal policy pointing towards application of a longer period cannot change that
18 conclusion.

19 At oral argument, Spinedex argued the preference for longer limitations period is
20 not meant as a tie-breaking device but as a factor that must be considered when
21 determining which limitations period is most analogous. It is unclear how this type of
22 analysis would work in practice given that the length of a limitations period does not
23 seem to assist in determining what type of claim an ERISA claim for benefits resembles
24 under state law. The fact that Arizona law provides a six-year limitations period for
25 general contracts, and a one-year limitations period for employment contracts, does not
26 change the underlying nature of the claim. That is, an ERISA claim for benefits is either
27 more similar to an employment contract or more similar to a non-employment written
28 contract. It is difficult to think of an ERISA claim for benefits as more similar to a non-

1 employment written contract *because* such a claim is subject to a longer limitations
2 period. But regardless of the difficulty, and accepting Spinedex’s position that federal
3 policy supports application of the longer period, that policy-driven preference is not
4 sufficient to change the outcome here. An ERISA claim for benefits remains
5 substantially more analogous to a claim involving an employment contract and the policy
6 favoring selection of a longer limitations period is not sufficient to override that
7 conclusion.

8 Spinedex offers another policy-based argument by claiming application of a one-
9 year limitations period is too short and would frustrate the purposes of ERISA. After the
10 Supreme Court’s decision in *Heimeshoff v. Hartford Life & Acc. Ins. Co.*, 134 S. Ct. 604,
11 608 (2013), this is a very difficult argument to make. At issue in *Heimeshoff* was a
12 contractual three-year limitations period that began to run before a plan participant could
13 file suit. Under the facts of that case, the limitations period started to run approximately
14 two years before the plaintiff could file suit, meaning she “was left with approximately
15 one year in which to file suit.” *Id.* at 612. In approving of the contractual limitations
16 period in that case, the Supreme Court stated a contractual limitations period “should be
17 enforced unless [it] is unreasonably short.” *Id.* at 616. And in that particular case, the
18 limitations period was “reasonable.” *Id.* at 613.

19 While not squarely decided by *Heimeshoff*, Spinedex’s contention that a one-year
20 limitations period violates federal policy is effectively foreclosed by that decision. The
21 result in *Heimeshoff* cannot be explained if, in fact, a one-year limitations period is per se
22 contrary to federal policy. While limitations periods must be reasonable, a one-year
23 limitations period qualifies as such.

24 Finally, Spinedex argues that even if the one-year limitations period applies, it
25 does not bar any of its claims because United did not “comply with its duties of proper
26 notification and review under ERISA.” (Doc. 726 at 30). Spinedex claims United
27 engaged in “egregious violations of ERISA’s notification requirements” and those
28 violations mean the statute of limitations never began to run. (Doc. 726 at 31). In other

1 words, Spinedex was never notified its claims had been denied and, therefore, the statute
2 of limitations never started running. While Spinedex is correct that limitations period
3 may not begin to run immediately upon denial of a claim, the undisputed facts show
4 Spinedex was aware of the denial of its claims.

5 “An ERISA cause of action accrues either at the time benefits are actually denied,
6 or when the insured has reason to know that the claim has been denied.” *Withrow v.*
7 *Halsey*, 655 F.3d 1032, 1036 (9th Cir. 2011). Here, Spinedex was aware United had
8 denied its claims long before it filed suit. As pointed out by United, Spinedex’s litigation
9 counsel participated in the administrative claims process. That counsel knew or should
10 have known the claims had been denied, notwithstanding any minor issue regarding
11 proper notification. Moreover, the Ninth Circuit’s decision in this case concluded
12 another plaintiff knew as of “December 2004, at the latest, of the facts giving rise to his”
13 statutory claims. Given that those statutory claims were intertwined with the alleged
14 wrongful denial of benefits, that individual—as well as Spinedex—had “reason to know”
15 the claims for benefits had also been denied. *Id.* In short, Spinedex’s professed
16 ignorance that its claims had been denied is not convincing.

17 Spinedex’s arguments against applying the one-year limitations period are not
18 convincing but there is one final argument accepted by another district judge that should
19 be addressed. In *JDA Software Inc. v. Berumen*, No. CV-14-01565-PHX-DLR, 2015 WL
20 12941860 (D. Ariz. Jan. 8, 2015), the court discussed but rejected the conclusion of
21 *Blood Systems*. According to *Berumen*, Arizona’s “employment contract” limitations
22 period does not apply to ERISA claims for benefits because an ERISA plan document “is
23 not a contract between an employer and an employee.” Instead, plan participants contract
24 directly with a plan and an employer merely serves as a sponsor, administrator, and
25 fiduciary. *Id.* This means a participant is contracting with a distinct entity from its
26 employer and that contract does not address an individual’s “job duties, compensation for
27 her job performance, or other terms or conditions of her employment.” *Id.* This
28 conclusion is based on an unduly restrictive view of what Arizona deems part of the

1 employment relationship.

2 Under Arizona law, all disputes “integrally related” to one’s employment are
3 disputes arising from an “employment contract.” *Redhair v. Kinerk, Beal, Schmidt, Dyer*
4 *& Sethi, P.C.*, 183 P.3d 544, 549 (Ariz. Ct. App. 2008). Under this reading, any dispute
5 involving “the nature, conditions, or duration” of employment is subject to the one-year
6 limitations period. *Id.* As explained in *Blood Systems*, employer-provided medical
7 coverage is “integrally related” to one’s employment status. In brief, individuals are only
8 eligible to participate in ERISA plans because of their employment status. In addition,
9 employers often pay a portion of the premiums on behalf of their employees and those
10 payments are additional compensation to employees for their services. As for the terms
11 of the ERISA plans, employers set those terms and often directly control whether benefits
12 will be paid. Thus, even accepting the premise in *Berumen* that the relevant contractual
13 relationship is between an employee and an ERISA plan, the employer is intimately
14 involved in that relationship such that it would be unreasonable to deem employers true
15 strangers to the relationship. Given the realities of how ERISA plans operate, they are
16 “integrally related” to the employment relationship such that disputes involving those
17 plans should be deemed as arising out of “employment contracts.”

18 Because the rule of *Blood Systems* applies, claims for benefits that were not filed
19 within one year of when Spinedex knew or had reason to know the claims had been
20 administratively denied are untimely. This one-year limitations period, however, does
21 not apply to those plans that imposed a longer limitations period.

22 **III. The Anti-Assignment Clauses are Enforceable**

23 United believes five plans still involved in this suit contain enforceable anti-
24 assignment clauses. While Spinedex disagrees, the Ninth Circuit’s conclusion on another
25 plan requires granting summary judgment in United’s favor.

26 The Court previously concluded an anti-assignment provision in the Discount Tire
27 Plan prevented Spinedex’s patients from assigning claims under that plan. Spinedex
28 contested this issue on appeal. In affirming this Court’s ruling, the Ninth Circuit began

1 by noting “[a]nti-assignment clauses in ERISA plans are valid and enforceable.”
2 *Spinedex*, 770 F.3d at 1296. An anti-assignment clause may be waived, however, if it is
3 not raised during administrative proceedings and the administrator either knew or should
4 have known that a claimant was pursuing a claim as an assignee. *Id.* at 1297. In the
5 context of the Discount Tire Plan, the Ninth Circuit concluded the administrative record
6 contained “no evidence that United was aware, or should have been aware, . . . that
7 *Spinedex* was acting as its patients’ assignee.” *Id.* Thus, the Ninth Circuit concluded the
8 anti-assignment clause was enforceable and barred *Spinedex*’s pursuit of claims against
9 the Discount Tire Plan.

10 United now claims the Adobe, SUMCO, Temcon, Watson Williams, and
11 Southwest plans contain enforceable anti-assignment clauses effectively identical to the
12 Discount Tire Plan’s clause. *Spinedex* disagrees and claims there are material differences
13 between the Discount Tire Plan and these four other plans. But those alleged material
14 differences do not exist. In particular, *Spinedex* does not point to any evidence that the
15 entities with authority to consent to assignments granted such consent. And while
16 *Spinedex* claims United waived the anti-assignment clauses, the evidence allegedly
17 supporting waiver is the same evidence for the Discount Tire Plan that the Ninth Circuit
18 deemed insufficient.⁵ That is, the submissions *Spinedex* identifies that were submitted
19 during the administrative process are the same submissions that were made in connection
20 with the Discount Tire Company. The Ninth Circuit implicitly concluded those
21 submissions were inadequate and this Court will not contradict the Ninth Circuit on
22 functionally identical facts.

23
24 ⁵ At oral argument, *Spinedex*’s counsel argued neither party highlighted the
25 relevant documents to the Ninth Circuit and, therefore, the Ninth Circuit was not aware of
26 the evidence in the record establishing the Discount Tire Plan’s anti-assignment clause
27 was waived. But that is contrary to the Ninth Circuit’s explicit statement. The Ninth
28 Circuit stated “there [was] no evidence that United was aware, or should have been
aware, during the administrative process that *Spinedex* was acting as its patients’
assignee.” 770 F.3d at 1297. This Court is not free to ascribe that statement to a factual
error and reach a different conclusion based on essentially identical evidence. *See United
States v. Garcia-Beltran*, 443 F.3d 1126, 1129 (9th Cir. 2006) (“[O]n remand a lower
court is bound to follow the appellate court’s decision as to issues decided explicitly or
by necessary implication.”).

1 Finally, Spinedex presents a variety of brief arguments against enforcement of the
2 anti-assignment clauses. Those arguments include the assertions that anti-assignment
3 clauses are only enforceable upon a showing that the SPDs containing the clauses were
4 distributed to participants, that the relevant anti-assignment clauses were “not located in
5 close conjunction with the description or summary of benefits,” and that the anti-
6 assignment clauses were “located only in SPDs rather than plan documents.” (Doc. 726
7 at 36). None of these arguments have merit.⁶ The five anti-assignment clauses are
8 enforceable.

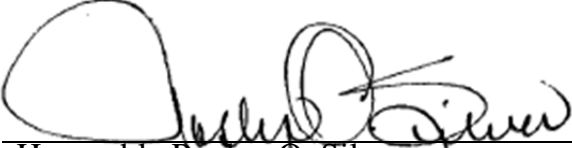
9 Accordingly,

10 **IT IS ORDERED** the Motion for Summary Judgment (Doc. 663) is **GRANTED**
11 **IN PART and DENIED IN PART**. This Order shall not be sealed.

12 **IT IS FURTHER ORDERED** the Motion to Strike (Doc. 760) is **DENIED**.

13 **IT IS FURTHER ORDERED** no later than **December 29, 2017**, the parties shall
14 submit a joint statement outlining all proposed dates for completion of this litigation.

15 Dated this 15th day of December, 2017.

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18 
19 Honorable Roslyn O. Silver
20 Senior United States District Judge
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26
27 ⁶ There is no requirement that a plan provide evidence regarding distribution of
28 SPDs; Spinedex has never claimed the relevant participants were not provided the SPDs;
there is no basis to conclude an anti-assignment clause must be located in a particular
portion of SPDs; and Spinedex does not point to these five plans as having plan
documents distinct from the SPDs.